Starting a Walking School Bus (WSB) route for students in your community is a walk in the park … or neighborhood. Just follow these simple steps.

**Step 1:** Talk to other parents in your neighborhood to find out who's interested in starting a route and/or already walking.

**Step 2:** Pick a safe route and take test walks. When choosing a route, consider the following factors:
- Traffic flow
- Size of sidewalks
- Safe street crossings
- Safety of the overall environment

**Step 3:** Decide how often the group will travel together. It can be as many as five days a week or as few as one.

**Step 4:** Assign at least two adults to “drive” the Walking School Bus each day.
Note: The Centers for Disease Control recommends one adult per three students for children ages 4 to 6 and one adult for six children for older elementary students ages 7 to 9.

**Step 5:** Connect with the WSB Coordinator at your school to discuss your new route.
Visit www.bchd.org/walkingschoolbus for more info.

**Step 6:** Let other parents know the Walking School Bus schedule so their kids can join.

**Step 7:** START WALKING!

Questions? Contact Francis Villalpando at francis.villalpando@bchd.org