

Autumn Butternut Squash Chunks



Each student receives one chunk of the seasoned butternut squash served on a toothpick.

Cook Time: 10 min

Level: Easy

Ingredients:

1 tablespoon olive oil

10 oz butternut squash, chunks

2 Tbs. brown sugar

1/8 tsp cinnamon

Directions:

1. Heat oil in a medium skillet over medium-high for about 1 minute
2. Add butternut squash and brown sugar, and cinnamon. Mix well
3. Lower the heat to medium-low and cook about 6-8 minutes or until tender
4. Insert toothpicks so students can just grab and eat