

Sugar & Sodium



| Nutrition Facts | |
|--|-----------------------|
| Serving Size 1 cinnabon | |
| Amount Per Serving | |
| Calories 879 | Calories from Fat 324 |
| % Daily Values* | |
| Total Fat 36g | 55% |
| Saturated Fat 17g | 85% |
| Trans Fat 0g | |
| Sodium 150mg | 6% |
| Total Carbohydrate 127g | 42% |
| Dietary Fiber 2g | 8% |
| Sugars 59g | |
| Protein 13g | 26% |
| *Percent Daily Values are based on a 2,000 calorie diet. | |

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| Nutrition Facts | |
|--|----------------------|
| Serving Size 1 ounce | |
| Amount Per Serving | |
| Calories 140 | Calories from Fat 70 |
| % Daily Values* | |
| Total Fat 8g | 12% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Sodium 210mg | 9% |
| Total Carbohydrate 22g | 7% |
| Dietary Fiber 1g | 4% |
| Sugars 0g | |
| Protein 2g | 4% |
| *Percent Daily Values are based on a 2,000 calorie diet. | |