

## Tour of California

**1<sup>st</sup> Stop: Golden Gate Bridge.** Drive your car down the Golden Gate Bridge!

March in place. Stick out your arms in front of you and move them as if you are steering a car.

**2<sup>nd</sup> Stop: Yosemite National Park.** Skip on the rocks in Yosemite!

Jump to the right with your right foot landing before your left, with your arms out in front of you as if trying to keep balance. Repeat on both sides.

**3<sup>rd</sup> Stop: Big Sur.** Swim through the waves at Big Sur!

March in place. Move your right arm forward over your head in a forward stroke motion. Repeat on both sides.

**4<sup>th</sup> Stop: Death Valley.** Wipe the sweat off your forehead in Death Valley!

Swipe the back of your right hand over your forehead, then fling your arm to the side. Step right as you do this. Repeat on both sides.

**5<sup>th</sup> Stop: Santa Cruz.** Surf on the waves of Santa Cruz!

Jump to the side with your right foot forward and your left foot back. Wave your arms and rock your body forward and back as if you were surfing. After four body rocks, switch sides.

**6<sup>th</sup> Stop: Rose Bowl.** Throw a touchdown at the Rose Bowl!

Step back with your right foot and bring your left knee up. As you do this, bring your hands up to the right side of your head. Step forward with your left leg and throw your right arm forward as if throwing a football. Repeat and switch sides when indicated.

**7<sup>th</sup> Stop: The Getty Villa.** Look at the art at the Getty Villa!

Step to the right and extend your right arm in front of you, palm facing out, and swing your arm to the right in a circular motion. Repeat on both sides.

**8<sup>th</sup> Stop: Dodger Stadium.** Hit a homerun at Dodger Stadium!

Step back with your right foot and bring your hands up to the right side of your head as if holding a bat. Step forward with your left leg and swing your hands forward as if hitting a baseball. Repeat and switch sides when indicated.

**9<sup>th</sup> Stop: Hollywood Sign.** Hike to the Hollywood Sign!

March in place. After every three steps, stop and pretend like you are taking a picture. Repeat.

**10<sup>th</sup> Stop: Griffith Observatory.** Point to the stars at Griffith Observatory!

Point your fingers, alternating between using your right and left hand, and look towards the direction you are pointing. Twist your feet as you do this.

**11<sup>th</sup> Stop: Disneyland.** Celebrate at Disneyland!

Wave your arms up over your head and sway them from right to left. Step from right to left as you do this.