

**REGULAR MEETING  
BOARD OF DIRECTORS  
BEACH CITIES HEALTH DISTRICT  
November 18, 2013**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:40 p.m.

Members Present: Marie Corr  
Joanne Edgerton  
Vanessa Poster

Members Absent: Dr. Noel Chun  
Dr. Robert Grossman

Legal Counsel Present: Bob Lundy, Hooper, Lundy & Bookman  
Staff Present: Susan Burden, CEO

<b>AGENDA ITEM</b>	<b>DISCUSSION</b>	<b>ACTION OR FOLLOW-UP</b>
<b>Call to Order</b>	Ms. Joanne Edgerton opened the meeting and invited Ms. Lauren Nakano, Director of the Blue Zones Project, to lead the salute to the flag.	
<b>Public Discussion</b>	Ms. Edgerton asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward.	
<b>Review and Approval of the Minutes of the October 30, 2013 Regular Meeting</b>	The Board reviewed the minutes of the October 30, 2013 Regular Meeting.	After review, it was <b>Moved and Seconded</b> (Poster/Corr) to approve the Minutes of the October 30, 2013 Regular Meeting. Ms. Corr, Ms. Edgerton and Ms. Poster voted yes. Dr. Chun and Dr. Grossman were not in attendance. <b>Motion Carried</b>
<b>Program and Staff Reports:</b>  <b>Center for Health and Fitness Update</b>	Ms. Edgerton invited Ms. Jackie Berling, Chief Resources Officer, to the podium.  Ms. Berling presented an update on the restructure of the District's health and fitness operations, the purpose of which was to create better systems and enhance internal support for operations of both the Center for Health and Fitness and AdventurePlex, thereby enabling the management team to do what they do best,	

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<p><b>Chief Executive Officer</b></p>	<p>to better serve their members and focus on programming. Ms. Berling turned the podium over to Ms. Cindy Foster, who, last year, assumed the responsibility as General Manager for both the Center for Health and Fitness and AdventurePlex.</p> <p>Ms. Foster presented an overview of the various programs and services offered by the Center for Health and Fitness (CHF) and the positive impact the CHF has had on the health and wellness of the community.</p> <p>Ms. Burden reported that the District has three enrollment specialists who have been certified to assist people in enrolling in Covered California, the state exchange under the Affordable Care Act.</p> <p>Ms. Burden reported that the Rotary Club of Redondo Beach was a recipient of a Beach Cities Health District Micro-Enrichment Grant in the amount of \$2,500.00. The Redondo Beach Rotary Club in conjunction with Vision to Learn, provided vision screening to 600 Washington Elementary School students (Grades K-5), 90 of whom were referred to an optometrist. In December there will be a fitting day for all the children who needed glasses.</p> <p>Ms. Burden reminded the Board of Directors, if they haven't already done so, to complete ethics training in order to be in compliance of AB 1234 that requires all elected officials to take two hours of ethics training every two years which can be accomplished on line.</p> <p>Ms. Burden reported that all of the elevators in the 514 N. Prospect Avenue building have been upgraded.</p> <p>Ms. Burden presented an update on the progress of construction projects related to the relocation of Older Adult Services and the Center for Health Connection to the first floor of 514 N. Prospect Avenue (formerly the Pilates Center) and the Administrative offices to the property on Del Amo Boulevard. Ms. Burden reported she is in dialogue with several real estate brokers to lease out the vacant space that will result in additional revenue to the District.</p>	

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<b>Chief Medical Officer</b>	<p>Ms. Edgerton invited Dr. Lisa Santora, Chief Medical Officer, to the podium.</p> <p>Dr. Santora expressed her appreciation to everyone who participated in the Strategic Development Half-Day meeting on November 8, 2014, the purpose of which was to recommend and prioritize strategies to support the advancement of the Blue Zones Project initiative.</p> <p>Dr. Santora referred the Board to a recap sheet outlining the top three strategies that were recommended in each of three sectors; Engagement Objective; Restaurant Objective; and School Objective. Dr. Santora reported that this valuable input has been incorporated into the 2014 Beach Cities Blueprint for a Healthy Beach Community.</p> <p>Dr. Santora introduced Ms. Lauren Nakano, Director of the Blue Zones Project. Dr. Santora introduced the members of the Blue Zones Project team and presented an overview of their professional background and their role in the Blue Zones Project.</p> <ul style="list-style-type: none"> <li>▪Tiana Rideout, Community Health Programs Coordinator</li> <li>▪Ali Noller, Marketing and Engagement Specialist</li> <li>▪Andrea Giancoli, Policy Analyst</li> <li>▪Barbara Ramsey-Duke, Grocery Store &amp; Restaurant Specialist</li> <li>▪Keisha Evans, Administrative Assistant</li> <li>▪Thuy Nghiem, Volunteer &amp; Events Specialist</li> <li>▪Carrie Anne Blevins, LiveWell Program Manager</li> <li>▪Staci Boretsky, School Health Coordinator</li> </ul> <p>Ms. Nakano stated that she is very excited about working together with the Blue Zones team in the year ahead.</p>	
<b>Legal Counsel</b>	Mr. Lundy had no report.	
<b>Community Health Committee</b>	Ms. Edgerton reported that the Community Health Committee did not meet.	
<b>Finance Committee Treasurer's Report</b>	Ms. Edgerton reported that the Finance Committee met on Monday, November 4, 2013. At the meeting, Mr. Steve Groom, Chief Financial Officer, presented an update on the results of the First Quarter and Ms. Sarah Meacham of PFM Asset Management,	

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<p data-bbox="155 237 509 432"><b>Action Item: Approve Checks No. 58588 through 58886, totaling \$977,886.16 for Accounts Payable for the Month of October 2013</b></p> <p data-bbox="155 741 516 900"><b>Discussion and Potential Action Item For Approval: BCHD Revised Investment Policy Number 6110</b></p>	<p data-bbox="545 134 1170 197">presented an update of the District's Investment Portfolio.</p> <p data-bbox="545 741 1130 804">Ms. Edgerton invited Mr. Steve Groom, Chief Financial Officer, to the podium.</p> <p data-bbox="545 842 1175 1371">Mr. Groom reported that Investment Policy Number 6110 is reviewed on an annual basis by the Board of Directors and the Finance Committee. At the November 4, 2013 meeting of the Finance Committee, the committee recommended approval to the Board of Directors of Investment Policy Number 6110 with the following amendments:  <ul style="list-style-type: none"> <li>◆References to NASD be changed to FINRA, its current name since 2007</li> <li>◆Update the LAIF limit to \$50 million, the State Treasurers' legal limit per agency on deposits per agency</li> <li>◆Change "Medium Term" to "Medium-Term Corporate Notes" to be more accurate within industry term usage</li> </ul> </p> <p data-bbox="545 1409 1166 1535">Mr. Groom reported that in 2013, Investment Policy 6110 received certification from the California Municipal Treasurers Association and is used as a model statewide.</p> <p data-bbox="545 1577 1138 1640">Ms. Poster made a motion to approve Investment Policy Number 6110 as amended.</p>	<p data-bbox="1200 237 1544 699">It was <b>Moved and Seconded</b> (Edgerton/Poster) to Approve Checks No. 58588 through 58886, totaling \$977,886.16 for Accounts Payable for the Month of October 2013. Ms. Corr, Ms. Edgerton and Ms. Poster voted yes. Dr. Chun and Dr. Grossman were not in attendance. <b>Motion Carried</b></p> <p data-bbox="1200 1577 1544 1873">It was <b>Moved and Seconded</b> (Poster/Corr) to approve Investment Policy Number 6110 as amended. Ms. Corr, Ms. Edgerton and Ms. Poster voted yes. Dr. Chun and Dr. Grossman were not in</p>

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		attendance. <b>Motion Carried</b>
<p><b>Policy Committee</b></p> <p><b>Action Items:</b></p> <p><b>1. Discussion and Potential Action Item For Approval: The Beach Cities Health District Bylaws As Amended</b></p> <p><b>2. Discussion and Potential Action Item For Approval: Resolution 526: A Resolution of the Beach Cities Health District Accepting and Approving the Bylaws of the Beach Cities Health District Providing for Internal Operation of the Board of Directors</b></p>	<p>Ms. Poster reported that the Policy Committee met on Monday, October 28, 2013. The committee reviewed a draft of the Beach Cities Health District Bylaws that included amendments recommended by legal counsel. The committee made some additional minor amendments and recommended that the Beach Cities Health District Bylaws be placed on this evening's agenda for discussion and potential action.</p> <p>Ms. Poster made a motion to approve the Beach Cities Health District Bylaws as Amended, Including Resolution 526, a Resolution of the Beach Cities Health District Accepting and Approving the Bylaws of the Beach Cities Health District Providing for Internal Operation of the Board of Directors.</p> <p>Ms. Edgerton asked for any public discussion or board discussion.</p> <p>Ms. Poster stated that the Bylaws were discussed at the October 30, 2013 Board of Directors meeting, and both members of the Board, Dr. Noel Chun and Dr. Robert Grossman, who are not present this evening, had the opportunity to review the Bylaws. Ms. Poster reported that she and Dr. Chun reviewed the Bylaws at the October 28, 2013 Policy Committee Meeting, and that even though there is not a full board presence this evening, she feels confident that there was full board input to proceed with a vote on the Bylaws.</p>	<p>It was <b>Moved and Seconded</b> (Poster/Corr) to approve the Beach Cities Health District Bylaws as Amended, Including Resolution 526, a Resolution of the Beach Cities Health District Accepting and Approving the Bylaws of the Beach Cities Health District Providing for Internal Operation of the Board of Directors. Ms. Corr, Ms. Edgerton</p>

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		and Ms. Poster voted yes. Dr. Chun and Dr. Grossman were not in attendance. <b>Motion Carried</b>
<b>Properties Committee</b>	Ms. Susan Burden, Chief Executive Officer, reported that the Properties Committee did not meet.	
<b>Strategic Planning Committee</b>	<p>Ms. Corr expressed her appreciation to staff for their efforts in coordinating the Strategic Development Half-Day meeting on Friday, November 8, 2013, at the Crowne Plaza in Redondo Beach.</p> <p>The meeting was attended by 60 people comprised of committee members, community members, and staff. The theme of the day was the Blue Zones Project, Taking it to the Next Level. The attendees separated into three small groups: Community Engagement, Restaurants, and Schools. Each group discussed two strategies to accomplish the goals and why the groups think their respective strategies would be successful. The facilitator of each group reported back on the strategies in their respective group and the Blue Zones team will utilize the information in their planning process.</p>	
<b>Old Business</b>	There was no Old Business.	
<b>New Business</b>	There was no New Business.	
<b>Board Member Reports</b>	<p>Ms. Poster reported that she attended the Strategic Development Half-Day meeting.</p> <p>Ms. Corr reported that she attended the Strategic Development Half-Day meeting.</p> <p>Ms. Edgerton reported that she attended the Strategic Development Half-Day meeting.</p>	
<b>Announcements/ Questions and Referrals to Staff</b>	There were no reports.	
<b>Adjournment</b>	Ms. Edgerton moved to adjourn the meeting in memory of Leonard Kramer, beloved Father-in-Law of Board Member, Ms. Vanessa Poster, and Toru Fusa Fujita, a treasured member of the Center for Health and Fitness.	There being no further business, Ms. Edgerton <b>Moved</b> to adjourn the meeting. Meeting adjourned at 7:20 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, January 29, 2014 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health Center, located at 514 N. Prospect Avenue, Redondo Beach, California