

**REGULAR MEETING
BOARD OF DIRECTORS
BEACH CITIES HEALTH DISTRICT
October 30, 2013**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:35 p.m.

Members Present: Joanne Edgerton
Dr. Noel Chun
Marie Corr
Dr. Robert Grossman
Vanessa Poster

Members Absent:

Legal Counsel Present: David Hatch, Hooper, Lundy & Bookman
Staff Present: Susan Burden, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
<p>Call to Order</p> <p>Public Discussion</p>	<p>Ms. Joanne Edgerton opened the meeting and invited Dr. Robert Grossman, member of the Beach Cities Health District Board of Directors, to lead the salute to the flag.</p> <p>Ms. Edgerton asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward.</p>	
<p>Review and Approval of the Minutes of the September 25, 2013 Regular Meeting</p>	<p>The Board reviewed the Minutes of the September 25, 2013 Regular Meeting.</p>	<p>After review, it was Moved and Seconded (Poster/Grossman) to approve the Minutes of the September 25, 2013 Regular Meeting. Dr. Chun, Ms. Edgerton, Dr. Grossman and Ms. Poster voted Yes. Ms. Corr was not in attendance. Motion Carried</p>
<p>Presentation: Blue Zones Project Presentation Award: Grow, Manhattan Beach, CA, Barry Fisher, Owner</p>	<p>Ms. Joanne Edgerton announced that Mr. Barry Fisher, owner of Grow in Manhattan Beach is the recipient of the Blue Zones Project Presentation Award. Ms. Edgerton invited Ms. Lauren Nakano, Director of the Blue Zones Project, to the podium.</p> <p>Ms. Nakano introduced Mr. Barry Fisher, Owner of Grow in Manhattan Beach. Ms. Nakano congratulated Mr. Fisher for his efforts in</p>	

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	transforming the community as a designated Blue Zones Grocery Store. Mr. Fisher expressed his appreciation to the Board for the award and thanked them for the bringing the Blue Zones Project to the community.	
BCHD Staff Presentation: Older Adult Services Holiday Gift Bags Program	<p>Ms. Edgerton invited Ms. Kerianne Lawson, Director of Older Adult Services, to the podium.</p> <p>Ms. Lawson reported that Older Adult Services is in the process of launching their annual Holiday Gift Bag Program. The plan is to distribute 250 gift bags to homebound seniors in the community. Ms. Lawson expressed her appreciation to the South Bay Auxiliary for their contribution of \$4,000.00. Ms. Lawson stated that the program is being supported by the Manhattan Beach Police Officers Association, Manhattan Beach and Redondo Beach Firefighters Associations, Hooper Lundy and Bookman, and donations in memory of Jane Burden. Ms. Lawson asked that everyone consider delivering a gift bag and/or donating a bag to contact Ms. Heather Hocking, Center for Health Connection Coordinator.</p>	
Program and Staff Reports 2014 Blue Zones Project Goals: Taking Blue Zones to the Next Level	<p>Ms. Edgerton invited Dr. Lisa Santora, Chief Executive Officer, to the podium to present an update on the Blue Zones project.</p> <p>Ms. Edgerton stated that this update is timely since the District is now committing new funding to the Blue Zones endeavor, and since we are no longer using Healthways funding, it is important to communicate to the community what our goals and objectives are and how the District funds are going to be utilized.</p> <p>Dr. Santora announced that today, Ms. Susan Burden, Chief Executive Officer, signed the Collaborative Relationship Agreement between Beach Cities Health District and Healthways, Inc. Dr. Santora introduced Ms. Ann Kent, Managing Director of the Blue Zones Project for Healthways, Inc.</p> <p>Dr. Santora gave a presentation on 2014 Blue Zones Project Goals: Taking Blue Zones to the Next Level that included the following topics:</p> <ul style="list-style-type: none"> ◆Gallup-Healthways Well-Being Index ◆Celebrating Success 	

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<p>Chief Executive Officer</p>	<ul style="list-style-type: none"> ◆Timeline – BZP Positions ◆Mission & Vision ◆Key Performance Indicators <ul style="list-style-type: none"> -Engagement -Power 9 Programs -Schools -Healthy Eating -Worksites -Community Policy -Blue Zones Project Community Certification -Beach Cities Progress <p>Ms. Marie Corr arrived at the meeting during Dr. Santora’s presentation.</p> <p>Ms. Edgerton invited Ms. Susan Burden, Chief Executive Office, to address the Board.</p> <p>Ms. Burden expressed her appreciation to Dr. Santora and Ms. Lauren Nakano, Director of the Blue Zones Project, for their leadership on the Blue Zones Project.</p> <p>Ms. Burden thanked the Board of Directors for their participation in the BlueZaPalooza event.</p> <p>Ms. Burden announced that Mr. Dan Witter is scheduled to present an update on the results of the Gallup Poll Well Being Index at the January 29, 2014 Board of Directors Meeting.</p> <p>Ms. Burden presented an update of the timeline on the relocation and move of the various departments from the 3rd Floor of the 514 N. Prospect Avenue Building. Ms. Burden reported that she anticipates placing the 3rd Floor on the market for leasing.</p> <p>Ms. Burden announced that the November 20, 2013 Board of Directors Meeting had to be rescheduled due to lack of a quorum. The new meeting date is Monday, November 18, 2013 and Ms. Corr, Ms. Edgerton and Ms. Poster will be in attendance. At the meeting, Ms. Poster will be presenting a review of the amended Beach Cities Health District By-Laws that were recommended by the Policy Committee.</p> <p>Ms. Burden reported that the Beach Cities Health District received an award from Modern Healthcare magazine for Best Place to Work in Healthcare. Beach Cities Health District ranked</p>	

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	<p>fourth nationally in the small business category.</p> <p>Ms. Burden extended a warm welcome to Ms. Ann Kent, Managing Director of the Blue Zones Project for Healthways, Inc., and stated that she looks forward to working with her.</p> <p>Ms. Burden updated the Board of Directors on the requirements of AB 1234 Ethics Training and the options available for get certified.</p> <p>Ms. Burden reported that the Finance Committee is scheduled to meet on Monday, November 4, 2013.</p>	
Legal Counsel	Mr. David Hatch had no report.	
<p>Community Health Committee</p> <p>Action Item: Appointment of Community Members to the Community Health Committee</p> <p>Discussion and Potential Action Item: Approval of Resolution 525 To Confirm Direction to Staff to Advocate, Promote, and Support Complete Streets and Healthy Living Initiatives With Other Local Governments</p>	<p>Dr. Grossman reported that the Community Health Committee met on Monday, October 21, 2013. At the meeting, Dr. Lisa Santora gave a presentation on Heal the Bay-Storm Response Team and Ms. Kerianne Lawson, Director of Older Adult Services, gave a presentation on Concept Mapping-Successful Aging.</p> <p>The Committee reviewed a draft of Resolution 525: to Confirm Direction to Staff to Advocate, Promote, and Support Complete Streets and Healthy Living Initiatives. There was no action taken due to lack of a quorum.</p> <p>Dr. Grossman made a motion to approve the appointments of Fred Manna and Mitch Ward to the Community Health Committee, effective October 30, 2013 through June 30, 2015.</p> <p>Dr. Grossman made a motion to approve Resolution No. 525, to Confirm Direction to Staff to Advocate, Promote, and Support Complete Streets and Healthy Living Initiatives With Other Local Governments.</p>	<p>It was Moved and Seconded (Grossman/Chun) to approve the appointments of Fred Manna and Mitch Ward to the Community Health Committee, effective October 30, 2013 through June 30, 2015. Motion Carried Unanimously</p> <p>It was Moved and Seconded (Grossman/Poster) to Approve Resolution No. 525, to Confirm Direction to Staff to Advocate, Promote, and Support Complete Streets and Healthy Living Initiatives With Other Local</p>

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		Governments. Motion Carried Unanimously
Finance Committee Treasurer's Report Action Item: Approve Checks No. 58389 through 58587, totaling \$397,899.43 for Accounts Payable for the Month of September 2013	Dr. Chun reported that the Finance Committee is scheduled to meet on Monday, November 4, 2013 at 6:30 p.m.in the 3 rd Floor Board Room.	It was Moved and Seconded (Chun/Corr) to Approve Checks No. 58389 through 58587, totaling \$397,899.43 for Accounts Payable for the Month of September 2013. Motion Carried Unanimously
Policy Committee	<p>Ms. Poster reported that the Policy Committee met on Monday, October 28, 2013.</p> <p>The committee reviewed a draft of the Beach Cities Health District Bylaws and recommended approval to the Board of Directors with amendments. The amended Beach Cities Health District Bylaws will be an item on the Agenda of the November 18, 2013 Board of Directors meeting for discussion and potential action.</p> <p>The committee reviewed a draft of Resolution 525: to Confirm Direction to Staff to Advocate, Promote, and Support Complete Streets and Healthy Living Initiatives With Other Local Governments, and recommended approval to the Board of Directors.</p>	
Properties Committee	Dr. Chun reported that the Properties Committee did not meet.	
Strategic Planning Committee	<p>Ms. Corr reported that the Strategic Planning Committee met on Thursday, October 3, 2013. The following items were on the Agenda for discussion:</p> <ul style="list-style-type: none"> ◆Update on BCHD Activities in support of Covered California ◆Update on the Blue Zones Integration Plan ◆Content and Location for Strategic Development Day <p>Ms. Corr announced that the Strategic Development Day meeting is going to be held on Friday, November 8, from 8:30 a.m. – 1:00 p.m. at the Crowne Plaza in Redondo Beach.</p>	
Old Business	There was no Old Business.	

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New Business	There was no New Business.	
Board Member Reports	<p>Dr. Chun reported that he attended the following meeting/event:</p> <ul style="list-style-type: none"> ◆BlueZaPalooza LiveWell Expo & Speaker Series ◆Policy Committee Meeting <p>Ms. Poster reported that she attended the following events/meetings:</p> <ul style="list-style-type: none"> ◆Redondo Beach Round Table ◆Candlelight Vigil in Commemoration of Domestic Violence Awareness Month at City Hall in Redondo Beach ◆Fido & Friends – Walk for Cancer Support benefitting the Cancer Support Community ◆BlueZaPalooza LiveWell Expo & Speaker Series ◆Strategic Planning Committee Meeting ◆Policy Committee Meeting <p>Ms. Corr reported that she attended the following events/meetings:</p> <ul style="list-style-type: none"> ◆BlueZaPalooza LiveWell Expo & Speaker Series ◆State of Education Redondo Beach ◆LiveWell Kids Program ◆Strategic Planning Committee Meeting <p>Dr. Grossman reported that he attended the following event/meeting:</p> <ul style="list-style-type: none"> ◆BlueZaPalooza LiveWell Expo & Speaker Series ◆Community Health Committee Meeting <p>Ms. Edgerton reported that she attended the BlueZaPalooza LiveWell Expo & Speaker Series.</p>	
Announcements/ Questions and Referrals to Staff	There were no reports.	
Adjournment	Ms. Edgerton moved to adjourn the meeting.	There being no further business, Ms. Edgerton Moved to adjourn the meeting. Meeting adjourned at 7:55 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Monday, November 18, 2013 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health Center, located at 514 N. Prospect Avenue, Redondo Beach, California