## REGULAR MEETING BOARD OF DIRECTORS BEACH CITIES HEALTH DISTRICT July 25, 2012

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:40 p.m.

Members Present: Marie Corr

Dr. Noel Chun Joanne Edgerton Vanessa Poster

Members Absent: Dr. Robert Grossman

<u>Legal Counsel Present</u>: Robert Lundy, Hooper, Lundy & Bookman

Staff Present: Susan Burden, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Call to Order	Ms. Joanne Edgerton opened the meeting and invited Ms. Katrina Worlund, Business Leader, Blue Zones Project at Healthways, Inc. to lead the salute to the flag.	
Public Discussion	Ms. Edgerton asked if any member of the public would like to address the Board on any issue not on the agenda.	
	Ms. Lauren Nakano, Director of the Vitality City Blue Zones project, stepped forward and introduced Mr. Bill Lazell who has run the St. Andrews Presbyterian Homeless Meal program for the last seventeen years. Ms. Nakano commended Mr. Lazell for his many years of service to the community and congratulated him on his retirement.	
	Mr. Lazell expressed his appreciation to the Board for their support of the St. Andrews Presbyterian Homeless Meal program over the years.	
Review and Approval of the Minutes of the June 27, 2012 Regular Meeting	The Board reviewed the minutes of the June 27, 2012 Regular Meeting.	After review, it was  Moved and Seconded (Corr/Chun) to approve the minutes of the June 27, 2012 Regular Meeting. Dr. Chun, Ms. Corr, Ms. Edgerton and Ms. Poster voted yes. Dr. Grossman was not in attendance.

Prepared By: Gloria Carroll

July 25, 2012

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
		Motion Carried
Beach Cities Health District Staff Recognition	Ms. Edgerton invited Ms. Susan Burden, Chief Executive Officer, to the podium.	
Ten Year Anniversary: Jackie Berling, Chief Resources Officer	Ms. Burden commended Ms. Jackie Berling, Chief Resources Officer, for her ten years of service to the Beach Cities Health District.	
	Ms. Berling expressed her appreciation to Ms. Burden for being her mentor and to her staff who have been so supportive.	
Five Year Anniversary: Sandi Conley, Youth Services	Ms. Edgerton invited Ms. Gretchen Oshita, Director of Youth Services, to the podium.	
	Ms. Oshita congratulated Ms. Sandi Conley, Behavioral Health Coordinator, for her five years of dedicated service to the District and commended her for giving her heart and soul in reaching out to the children in the various schools.	
	Ms. Conley expressed her appreciation to the Board, Ms. Burden, Ms. Oshita and her coworkers for inspiring her every day. Ms. Conley introduced her daughter, Shannon and her son, Shane.	
Staff Reports	Ms. Susan Burden, Chief Executive Officer, congratulated Dr. Lisa Santora, Chief Medical Officer and her husband, Phong, on the birth of their new baby girl.	
	Ms. Burden announced that due to various holidays, the dates of the monthly Board of Directors meetings have changed as follows:  •August - There is no meeting scheduled •September 19, 2012 •October 24, 2012	
	Ms. Burden referred the Board to the following events on the Community Events Calendar:  •The Manhattan Beach Parking & Public Improvement Commission Meeting where the Aviation Blvd. project will be discussed.	
	●The meetings of the Strategic Planning Committee, Finance Committee and Policy Committee	
	Ms. Burden reported that the district had 25,000 unduplicated clients who received services from	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	the District in the last year and that number does not include the 28,000 children that attended AdventurePlex.	
	Ms. Burden reported that the District's free ZUMBA in the Park attracts approximately 300 participants each week.	
	Ms. Burden reminded the Board that the filing deadline is August 9, 2012 for the November 2012 election and all filing details can be found on <a href="https://www.lavote.net">www.lavote.net</a> .	
	Ms. Burden reported Mr. Michael Shaw, Director of Communications, has assumed the responsibility for all Information Technology services. This shift in responsibilities will enable Mr. Steve Groom, Chief Financial Officer, to focus more on real estate development.	
	Ms. Burden reported that the District has contracted with UCLA's Policy Institute to be our evaluation partner. The Policy institute completed a report on the LiveWell Tots program. A second phase of evaluation is underway. This year the focus will be to look at all of our senior services and in-home services to determine if they are clinically and financially effective in the healthcare system.	
	Ms. Burden reported that when Mr. Ben Leedle, CEO of Healthways, Inc., visited the District, he suggested that we have a Blue Zones summit to discuss what is working and what is not working on the project and we are looking to schedule a Strategic Planning day in the October/November timeframe for that purpose.	
	Ms. Burden reported that she met with Assemblymember Betsy Butler who has been very supportive of the Beach Cities Health District in Sacramento and even though through redistricting she will no longer be our representative, she has committed to supporting the District.	
	Ms. Burden reported that the District has applied for a \$2.4 million grant from the Centers for Disease Control and if we are awarded the grant, it will be utilized to continue to work on the Blue Zones project beyond the three year commitment.	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Update: Blue Zones	Ms. Katrina Worlund, Business Leader, Blue	
Project and	Zones Project at Healthways, Inc., Ms. Paige	
Introduction of New	Lapen, Blue Zones Engagement Lead, and Ms.	
Staff Members	Lauren Nakano, Director of Blue Zones Vitality	
	City project, introduced their Blues Zones	
	Project (BZP) Team, provided the Board with a	
	status report on the progress of the BZP	
	initiative and a look at how BZP will achieve its	
	engagement objectives through the end of the	
	year. Successes were highlighted in each of the	
	, ,	
	six community sectors.	
	• Worksite: has achieved its blueprint goals of	
	145 registered employers and 1500 employees.	
	•Restaurants: There are now 42 Blue Zones	
	certified restaurants.	
	• <u>Citizens:</u> 60 additional volunteers are now	
	involved in the initiative.	
	•Schools: The school policy sector has hit its	
	goals with 10 Walking School Bus programs,	
	MindUp in all three school districts, and two	
	RBUSD schools winning Alliance for a Healthier	
	Generation Bronze status – Lincoln Elementary	
	and Beryl Heights Elementary.	
	•Community Policy: There has been progress	
	made with our city partners having hosted a	
	Living Streets Workshop for the three cities and	
	forward movement related to the City of	
	Redondo Beach North Harbor Drive project and	
	the multi-city Aviation Blvd. bike lane project.	
	Grocery Stores: BZP has also recently initiated	
	work in the area of Grocery Store certification	
	and engagement of faith-based organizations.	
	And finally, BZP has updated its community	
	engagement plan to work in four areas –	
	promotional campaigns, specific sector	
	promotion, targeted events, and leveraging	
	relationships with community organizations.	
Legal Counsel	Mr. Lundy had no report.	
Community Health	Ms. Edgerton reported that the Community	
Committee	Health Committee is scheduled to meet on	
	Tuesday, October 2, 2012. The committee will	
	be reviewing the UCLA LiveWell Tots research	
	and an update on the Blue Zones Vitality City	
	project.	
Finance Committee	Dr. Chun reported that the Finance Committee	
Treasurer's Report	is scheduled to meet on Tuesday, September	
	18, 2012. The committee will conduct an annual	
	review of the Investment Policy.	
Approve Checks No.	,	It was <b>Moved and</b>
54594 through 54833		Seconded (Chun/Poster)
totaling \$506,590.49 for		to Approve Checks No.
	1	15 / 1pp 15 15 5 11 5 11 6 11 6 1

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Accounts Payable for the Month of June 2012		54594 through 54833 totaling \$506,590.49 for Accounts Payable for the Month of June 2012. Dr. Chun, Ms. Corr, Ms. Edgerton and Ms. Poster voted yes. Dr. Grossman was not in attendance.  Motion Carried
Policy Committee	Ms. Poster reported that the Policy Committee is scheduled to meet on Tuesday, July 31, 2012. The committee will be reviewing seven Human Resource policies, Policy Number 2130: Reimbursement of Elected Officials for Participation in Community Events and Policy Number 2190: Annual Performance of the Chief Executive Officer.	
Properties Committee	Dr. Chun reported that the Properties Committee did not meet. A meeting is scheduled with UCLA to discuss the potential new building project on the 514 N. Prospect Avenue campus and at the September 19, 2012 Board meeting we are going request that the Board appoint an Ad Hoc Committee to negotiate with UCLA.	
Strategic Planning Committee	Ms. Corr reported that the Strategic Planning Committee is scheduled to meet on Tuesday, September 4, 2012.	
Old Business	There were no reports.	
New Business	There were no reports.	
Board Member Reports	There were no reports.  Dr. Chun reported that he attended the following event:  Hermosa Beach Volley Ball tournament  Ms. Poster reported that she attended the following meetings/events:  Redondo Beach City Council Meeting where the bicycle path was discussed  TEDx Seminar  Redondo Beach Chamber of Commerce Installation & Awards Dinner  Redondo Beach Round Table Meeting  Ms. Corr reported that she attended the following meeting:  Redondo Beach City Council Meeting where the bicycle path was discussed  Ms. Corr commended staff for their accomplishments in what was a difficult Fiscal Year.	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	Ms. Edgerton reported that she attended the	
	following events:	
	◆Greek Festival	
	◆Two ZUMBA in the Park classes	
Announcements/	There were no reports.	
Questions and		
Referrals to Staff		
Adjournment	Ms. Edgerton moved to adjourn the meeting in	There being no further
	memory of Mr. Byron Pierce, a dedicated	business, Ms. Edgerton
	volunteer at the Center for Health and Fitness.	Moved to adjourn the
		meeting. Meeting
		adjourned at 8:05 p.m.

The next Regular Meeting of the Beach Cities Health
District Board of Directors is scheduled for
Wednesday, September 19, 2012 at 6:30 p.m. in the
Beach Cities Room of the Beach Cities Health Center, located at
514 N. Prospect Avenue, Redondo Beach, California