

**REGULAR MEETING  
BOARD OF DIRECTORS  
BEACH CITIES HEALTH DISTRICT  
June 24, 2015**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:35 p.m.

Members Present: Dr. Michelle Bholat  
Dr. Noel Chun  
Jane Diehl  
Vanessa Poster

Members Absent: Dr. Robert Grossman

Legal Counsel Present: Bob Lundy, Hooper, Lundy & Bookman  
Staff Present: Susan Burden, CEO

<b>AGENDA ITEM</b>	<b>DISCUSSION</b>	<b>ACTION OR FOLLOW-UP</b>
<b>Call to Order</b>  <b>Presentation of the Colors and Salute to the Flag, Girl Scout Cadette Troup 3285 of Hermosa Beach</b>	Ms. Poster opened the meeting and invited Girl Scout Cadette Troop 3285 of Hermosa Beach to present the colors and lead the salute to the flag.	
<b>Community Partner and Introduction: Girl Scout Cadette Troup 3285 of Hermosa Beach Leader, Paulette O'Hara</b>	This agenda item was taken out of order  Ms. Poster invited Ms. Kerianne Lawson, Director of Community Services, to the podium.  Ms. Lawson introduced the members of Girl Scout Cadette Troop 3285 of Hermosa Beach and presented each with a certificate. She thanked the troop for delivering holiday gift bags to isolated seniors for the last four years. They started in the 3 <sup>rd</sup> grade and will be entering 7 <sup>th</sup> grade in the fall. Ms. Lawson introduced the two troop leaders, Paulette O'Hara and Kimberly Power.	
<b>Public Discussion</b>	Ms. Poster asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward.	
<b>Review and Approval of the Minutes of the May 27, 2015 Regular Meeting</b>	The Board reviewed the Minutes of the May 27, 2015 Regular Meeting.	After review, it was <b>Moved and Seconded</b> (Diehl/Chun) to approve the minutes of the May 27, 2015 Regular Meeting. Dr. Bholat, Dr. Chun and Ms.

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		<p>Diehl voted yes. Ms. Poster abstained. Dr. Grossman was not in attendance.</p> <p><b>Motion Carried</b></p>
<p><b>Staff Recognition</b></p> <p><b>Ten Year Anniversary: Paul Belknap, Fitness Administration</b></p>	<p>Ms. Poster invited Ms. Jackie Berling, Chief Wellness Officer, to the podium.</p> <p>Ms. Berling invited Mr. Paul Belknap, Fitness Administration, to join her at the podium and thanked him for his ten years of service. Ms. Berling gave a summary of Mr. Belknap’s history at the District and his skills, including technical ability and corporate team building. She introduced his wife Desiree and their two children.</p> <p>Mr. Belknap expressed his appreciation to the District for the professional development opportunities he has received and for the support he has gotten.</p>	
<p><b>Program and Staff Reports</b></p> <p><b>A. Presentation Youth Services Update</b></p>	<p>Ms. Poster invited Dr. Lisa Santora, Chief Medical Officer, to the podium. Dr. Santora invited Dr. Denise Bevly, Senior Manager of Youth Services, to the podium to give an update presentation on Youth Services.</p> <p>Dr. Bevly’s presentation, “Youth Services Department—A Synchronized Approach to Health”—included:</p> <ul style="list-style-type: none"> <li>• Mission—All beach cities children and adolescents will develop into physically, socially and emotionally healthy adults, prepared to become contributing members of society.</li> <li>• Goals <ul style="list-style-type: none"> <li>○ Increase health knowledge, attitudes and skills</li> <li>○ Increase health behaviors and health outcomes</li> <li>○ Support positive educational outcomes</li> <li>○ Improve social outcomes</li> </ul> </li> <li>• Organizational Chart</li> <li>• Programs and Services—LiveWell Tots and Kids, MindUp, Project Alert, Purpose workshops, Walking School Bus, Healthy School Grant, BMI screening, and special events</li> <li>• 2014-2015 School-Year Highlights</li> </ul>	

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	<ul style="list-style-type: none"> <li>○ LiveWell Tots trained 65 teachers and reached 650 preschool students</li> <li>○ LiveWell Kids trained 500 parent volunteers and reached 5,600 elementary students</li> <li>○ Hermosa Beach City School District approved its Wellness Policy that aligns with Alliance for a Healthier Generation policy</li> <li>○ Walking School Bus—1,200 students walked 22,857 miles in 37 routes</li> <li>○ Alliance for a Healthier Generation—all twelve (12) Redondo Beach Unified School District schools were approved, including eight (8) schools for the first time.</li> <li>• Future Directions <ul style="list-style-type: none"> <li>○ Redesign and revitalization of LiveWell Kids Curriculum according to an evidence-based framework</li> <li>○ Enhance parent engagement</li> <li>○ Strengthen School Wellness Councils</li> <li>○ Simplify Healthy Schools Grant</li> <li>○ Purpose workshop</li> <li>○ Social-emotional learning curriculum</li> </ul> </li> </ul> <p>Dr. Bevly introduced her staff who were in attendance:</p> <ul style="list-style-type: none"> <li>• Carrie-Anne Blevins, Program Manager, LiveWell</li> <li>• Staci Boretzky, MPH, School Health Programs Coordinator</li> </ul>	
<b>B. Chief Executive Officer</b>	<p>Ms. Poster invited Ms. Susan Burden, Chief Executive Officer, to address the Board of Directors.</p> <p>Ms. Burden referred the Board members to the written report in the Board packet.</p> <p>She highlighted the following:</p> <ul style="list-style-type: none"> <li>• Alliance for a Healthier Generation (AHG)—She commended Staci Boretzky for her hard work in helping Redondo Beach Unified School District (RBUSD) have all schools receive AHG</li> </ul>	

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	<p>certification. We are waiting for confirmation that RBUSD is the first/only school district in the country to have all its schools certified.</p> <ul style="list-style-type: none"> <li>• Blue Zones Project long-term goal was to have at least 25% of the community sign the Blue Zones Pledge and do one healthy action. Thanks to Ali Noller, Lauren Nakano and the Blue Zones and Communications Teams, we have reached our goal of over 22,000 signed pledges.</li> <li>• School programs: <ul style="list-style-type: none"> <li>○ RBUSD principals are concerned about pedestrian safety on Prospect Avenue for Walking School Bus participants. BCHD will support the city to do a living streets plan for Prospect Avenue.</li> <li>○ She commended Dr. Santora for how she changed the relationship with the schools to one of funding health goals instead of specific programs</li> </ul> </li> <li>• Micro-Enrichment grant annual summary in the staff report and thank you to Joanne Edgerton for her idea.</li> </ul> <p>Ms. Burden introduced Mr. Sam Kartounian, a new appointment to the Finance Committee.</p> <p>Ms. Burden informed the Board, per legal counsel, that an Ad Hoc Properties Committee may be appointed at the July meeting to work on the development of the senior living project.</p>	
<b>C. Legal Counsel</b>	Mr. Lundy had no report.	
<p><b>Community Health Committee</b></p> <p><b>Action Item:</b>  <b>Appointments of Community Member to the Community Health Committee</b></p>	<p>Dr. Michelle Bholat reported that the Community Health Committee did not meet.</p> <p>Dr. Bholat recommended the appointment of Dr. Jason Hove to the Community Health Committee effective July 1, 2015 through June 30, 2017.</p>	<p>It was <b>Moved and Seconded</b> (Poster/Diehl) to approve the appointment of Dr. Jason Hove to the Community Health Committee effective July 1, 2015 through June 30, 2017. Dr. Bholat, Dr. Chun, Ms. Diehl, and Ms. Poster voted yes. Dr. Grossman was not in</p>

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		attendance. <b>Motion Carried</b>
<p><b>Finance Committee Treasurer's Report</b></p> <p><b>1. Action Item:</b> <b>Approve Checks No. 63312 through No. 63474 totaling \$318,144.53 for Accounts Payable for the Month of May 2015</b></p> <p><b>2. Action Item:</b> <b>Appointment of Community Members to the Finance Committee</b></p>	<p>Dr. Chun reported that the Finance Committee did not meet.</p> <p>Dr. Chun recommended approval of Checks No. 63312 through No. 63474 totaling \$318,144.53 for Accounts Payable for the Month of May 2015.</p> <p>Dr. Chun recommended the appointments of Christine Cronin-Hurst, Gina DeRosa, Joanne Edgerton, Sam Kartounian and Adam Phillips to the Finance Committee effective July 1, 2015 through June 30, 2017.</p> <p>Dr. Chun introduced Sam Kartounian and Adam Phillips, new committee members, to the Board.</p>	<p>It was <b>Moved and Seconded</b> (Diehl/Poster) to approve Checks No. 63312 through No. 63474 totaling \$318,144.53 for Accounts Payable for the Month of May 2015. Dr. Bholat, Dr. Chun, Ms. Diehl, and Ms. Poster voted yes. Dr. Grossman was not in attendance. <b>Motion Carried</b></p> <p>It was <b>Moved and Seconded</b> (Diehl/Bholat) to approve the appointments of Christine Cronin-Hurst, Gina DeRosa, Joanne Edgerton, Sam Kartounian and Adam Phillips to the Finance Committee effective July 1, 2015 through June 30, 2017. Dr. Bholat, Dr. Chun, Ms. Diehl, and Ms. Poster voted yes. Dr. Grossman was not in attendance. <b>Motion Carried</b></p>
<b>Policy Committee</b>	Ms. Poster reported that the Policy Committee met on June 22, 2015 and will be bringing policies to the Board at the July 2015 meeting.	
<b>Properties Committee</b>	Ms. Diehl reported that the Properties Committee is scheduled to meet on June 29, 2015 to discuss the senior living project and Colliers International progress on leasing the 3 <sup>rd</sup> floor of the 514 N. Prospect Avenue building.	
<p><b>Strategic Planning Committee</b></p> <p><b>Action Item:</b> <b>Appointment of Community Members to the Strategic Planning Committee</b></p>	<p>Ms. Poster reported that the Strategic Planning Committee did not meet.</p> <p>Ms. Poster made a motion to approve the appointment of Dr. Roger Hartman to the Strategic Planning Committee effective July 1, 2015 through June 30, 2017.</p>	<p>It was <b>Moved and Seconded</b> (Poster/Bholat) to approve the appointment of Dr. Roger Hartman to the Strategic</p>

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		Planning Committee effective July 1, 2015 through June 30, 2017. Dr. Bholat, Dr. Chun, Ms. Diehl, and Ms. Poster voted yes. Dr. Grossman was not in attendance. <b>Motion Carried</b>
<b>Old Business</b>	There was no Old Business	
<b>New Business</b>	There was no New Business.	
<b>Board Member Reports</b>	<p>Dr. Chun reported that he attended:</p> <ul style="list-style-type: none"> <li>• Redondo Beach Harbor Gateway and Bike Path Improvement Project</li> <li>• Policy Committee</li> </ul> <p>Ms. Poster reported that she attended:</p> <ul style="list-style-type: none"> <li>• Association of California Healthcare Districts Annual Meeting in May</li> <li>• Redondo Beach Harbor Gateway and Bike Path Improvement Project</li> <li>• Redondo Beach Chamber of Commerce Installation Dinner</li> </ul> <p>Dr. Bholat reported that she attended:</p> <ul style="list-style-type: none"> <li>• Redondo Beach Harbor Gateway and Bike Path Improvement Project</li> <li>• American Heart Association event where she talked about the importance of the Blue Zones Project</li> </ul> <p>Ms. Diehl reported that she attended:</p> <ul style="list-style-type: none"> <li>• Redondo Beach Harbor Gateway and Bike Path Improvement Project</li> <li>• Redondo Beach Chamber of Commerce Installation Dinner</li> <li>• Zumba in the Park Free Fitness event two times</li> </ul> <p>Ms. Diehl reported that she will be attending the Redondo Beach Round Table meeting on June 25<sup>th</sup>.</p>	
<b>Announcements/ Questions and Referrals to Staff</b>	There were no announcements or questions and referrals to staff.	
<b>Adjournment</b>	Ms. Poster moved to adjourn the meeting.	There being no further business, Dr. Grossman <b>Moved</b> to adjourn the meeting. Meeting adjourned at 7:10 p.m.

The next Regular Meeting of the Beach Cities Health  
District Board of Directors is scheduled for  
Wednesday July 22, 2015 at 6:30 p.m. in the  
Beach Cities Room of the Beach Cities Health Center, located at  
514 N. Prospect Avenue, Redondo Beach, California

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