

ARE YOU SOMEONE OUTGOING AND SOCIAL WHO CARES ABOUT OUR COMMUNITY'S HEALTH?

# Lend a Helping Hand

With just 2-4 hours per week of your time, you can add to Beach Cities Health District's warm and friendly environment by welcoming guests at our front desks!

## You will...

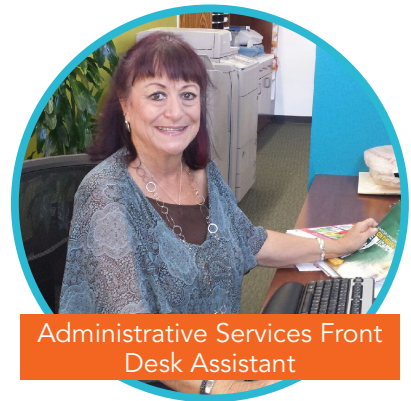
- Be the first friendly face greeting visitors
- Be part of a team of caring people who provide quality customer service
- Answer questions, provide directions and lend a hand to visitors needing assistance
- Volunteers with administrative skills also have an opportunity to work on special projects



Campus Greeter



Center for Health & Fitness  
Front Desk Assistant



Administrative Services Front  
Desk Assistant

## APPLY NOW to make a difference in someone's day!

**Step 1:** Complete the volunteer application

**Step 2:** Talk with Volunteer Services to find the opportunity that is right for you

**Step 3:** Get a feel for the role: tour the facility, review training materials and schedule your first shift

Contact Volunteer Services at **310-374-3426 X199** or visit **[bchd.org/volunteer](http://bchd.org/volunteer)** for more information and to apply.

