



**\$16.50/  
session**

# SMALL GROUP TRAINING

Personalized • Affordable • Effective.

## HELPING YOU COMMIT TO SUCCESS Classes start: September 17 & 18

### Tracks:



**Aiden Acuff**

M / W / F	5:30 – 6:30 a.m.	Level 2
M / W / F	6:30 – 7:30 a.m.	Level 2
M / W	10 – 11 a.m.	Level 2
M / W	4:15 – 5:15 p.m.	Level 1
M / W	6:15 – 7:15 p.m.	Level 1




**Tanya Rutter**

T / TH	9 – 10 a.m.	Level 1
T / TH	Noon – 1 p.m.	Level 1
F	4:15 – 5:15 p.m.	Level 1
F	6:15 – 7:15 p.m.	Level 1



**Brian Fuentes**

M / W / F	9 – 10 a.m.	Level 1
F	10 – 11 a.m.	Level 2
T / TH	8 – 9 a.m.	Level 1 & 2
T / TH	6:30 – 7:30 a.m.	Level 2




**Annelise Tripp**

M / W	Noon – 1 p.m.	Level 2
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**Jason Bautista**

M / W / F	5:30 – 6:30 a.m.	Level 1
M / W / F	8 – 9 a.m.	Level 1
T / TH	6:30 – 7:30 a.m.	Level 2



**Chris Bentajado**

F	Noon – 1 p.m.	Level 2
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**3 day tracks**  
\$396 for members • \$490 for non-members

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**2 day tracks**  
\$264 for members • \$326.67 for non-members

- 8 weeks
- Max 6 people
- Payment installments available

**SPECIAL OFFER!**  
New participants get \$25 off!