

## Street Smarts for Pedestrians

### Be on the Safe Side

Cross at the corner or crosswalk, and always look both ways before crossing. Make eye contact with drivers to make sure they see you.

### Wait for the Signal

If there is a signal at the intersection, it is illegal to cross during a “Do Not Walk” signal.

### Put the Phone Away

Ten percent of pedestrian injuries occur from distracted walking. When walking with headphones, keep the volume low so you can hear what is happening around you.

## Be on the safe side.

Cross at the corner or crosswalk.



**Greg Browning**  
Entertainment  
Director at Body  
Glove

### Streets for All Partners

- City of Hermosa Beach
- City of Redondo Beach
- Redondo Beach Unified School District
- Hermosa Beach City School District
- Beach Cities Health District
- Beach Cities Cycling Club
- South Bay Bicycle Coalition
- Southern California Association of Governments
- Go Human

## Did You Know?

14% of all trips in Southern California are one mile or less. These short trips are equivalent to a five-minute bicycle ride or a 20-minute walk.

Walking can help create a positive outlook on life by reducing stress and bolstering brain function. Research shows that commuting long distances by car can diminish overall well-being.

People who bike to work have lower obesity rates and a reduced risk of other chronic diseases.



## Street Smarts Guide

[bchd.org/StreetsForAll](http://bchd.org/StreetsForAll)

## Slow your roll.

Drive like your kids walk here.



**Brian, 7, and  
Mallory, 5**  
Tulita Elementary  
School Students

## Street Smarts for Drivers

### Slow Your Roll

Speeding gives you less time to react to something or someone in your path. Just a fraction of a second can be the difference between life and death.

### It's Not Just a Sign

Watch for people in the crosswalk, including pedestrians, strollers, people with disabilities and skateboarders.

### Give Bicyclists 3 Feet When Passing

The faster you are traveling, the more space you need to give bicyclists. If necessary, change lanes or wait until you have adequate space to pass.

### Pay Attention

Keep your eyes on the road and avoid distractions — like checking your phone — while driving.

## Go with the flow.

Ride in the direction of traffic.



**Julian Katz, 86**  
Avid bicyclist  
Hermosa Beach

## Street Smarts for Bicyclists

### Go With the Flow

Always ride in the direction of traffic, and use signals when turning. These simple acts help bicyclists be more visible and predictable to those around them.

### Stop Means Stop

Bicyclists must come to a complete stop at any stop sign or stoplight, and yield to those who arrive first.

### Always Wear a Helmet

Helmets can reduce your risk of injury. State law requires children under 18 to wear a helmet when riding a bicycle, scooter or skateboard.

### Same Road, Same Rules

Motorists and bicyclists are granted the same rights and responsibilities on public streets. Both must obey the laws and the rules of the road.

To get involved in creating safe

**#StreetsForAll**

go to [bchd.org/StreetsForAll](https://bchd.org/StreetsForAll)



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