

**REGULAR MEETING  
BOARD OF DIRECTORS  
BEACH CITIES HEALTH DISTRICT  
May 23<sup>rd</sup>, 2018**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:53 p.m.

Members Present:                    Dr. Michelle Bholat  
    Vish Chatterji  
    Vanessa Poster

Members Not Present:            Jane Diehl  
    Dr. Noel Chun

Legal Counsel Present:         Robert Lundy, Hooper, Lundy & Bookman  
Staff Present:                        Tom Bakaly, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
<p><b>III. Transparency Certificate Presented to BCHD from Special District Leadership Foundation</b></p>	<p>This Item was taken out of order</p> <p>Ms. Poster invited Mr. Chris Palmer up to the podium.</p> <p>Ms. Palmer highlighted the following:</p> <ul style="list-style-type: none"> <li>• Here to honor BCHD for a transparency certificate of excellence</li> <li>• Program was created in 2013 in an effort to promote transparency in operation and governance of Special Districts to the public</li> <li>• BCHD Fulfilled three major requirements</li> <li>• On behalf of the Board and staff of Special District Leadership Foundations, the certificate of transparency is presented to BCHD</li> </ul>	
<p><b>IV. Healthcare District Month Proclamations</b></p>	<p>This Item was taken out of order.</p> <p>Dr. Bholat walked in at the end of this Agenda Item</p> <p>Ms. Poster invited Mr. Chris Horvath up to the podium.</p> <p>Mr. Horvath highlighted the following:</p> <ul style="list-style-type: none"> <li>• May is Healthcare District Month</li> <li>• Here to present BCHD with certificate on behalf of the City</li> </ul> <p>Ms. Poster invited Mr. Jeff Duclos up to the podium.</p> <p>Mayor Duclos of Hermosa Beach up to the podium:</p> <p>Mr. Duclos highlighted the following:</p> <ul style="list-style-type: none"> <li>• Here to present a proclamation to BCHD for healthcare District Month</li> </ul> <p>Mr. Bakaly Highlighted the following:</p> <ul style="list-style-type: none"> <li>• Assembly Member Al Muratsuchi presented BCHD with a certificate for Healthcare District Month</li> <li>• City of Manhattan Beach also presented us with a certificate for Healthcare District Month</li> </ul>	

<b>I. Call to Order-Salute to the Flag</b>	<p>Ms. Poster opened the meeting and led the salute to the flag.</p>	
<b>II. Public Discussion</b>	<p>Ms. Poster asked if any member of the public would like to address the Board on any issue not on the agenda.</p> <p>Ms. Mary Drummer stepped up to the podium.</p> <p>Ms. Drummer highlighted the following:</p> <ul style="list-style-type: none"> <li>• Next month BCHD will have a guest speaker, Mr. Robert Saviskus, the head of the LA West Vector Control District</li> <li>• Mosquitos are getting a lot of press and wants to present a packet for all board member with information and updates about mosquitoes.</li> <li>• Also included is a list of questions in the offering for the board to pose to Mr. Saviskus if they wanted to use</li> </ul>	
<b>V. CEO Report</b>  <b>A. Chief Executive Officer</b>	<p>Ms. Poster Invited Mr. Tom Bakaly, Chief Executive Officer, to address the Board of Directors</p> <p>Mr. Bakaly referred the Board to the written report.</p> <p>Mr. Bakaly highlighted the following:</p> <ul style="list-style-type: none"> <li>• Childhood obesity in Redondo Beach elementary schools has reached a new record low of 6.4%. This is a 68% decrease since our LiveWell kids program first launched in 2007</li> <li>• BCHD will convene students, parents, schools, healthcare providers, community leaders, law enforcement and local businesses tomorrow for a Stress &amp; Substance Use Summit.</li> <li>• On June 13<sup>th</sup>, BCHD will be hosting a community Study Circle on intergenerational programs as part of our campus planning process</li> <li>• The Institutional Review Board (IRB) through Loma Linda has approved our brain health study in partnership with the Sherzais, and we anticipate formally launching the Healthy Minds Initiative within the next month</li> <li>• The Sherzais presented on dementia and brain health to 257 older adults at</li> </ul>	

	<p>the Joslyn Center on April 26<sup>th</sup> and May 21<sup>st</sup></p> <ul style="list-style-type: none"> <li>CHF will celebrate the 25<sup>th</sup> annual National Senior Health and Fitness week May 29 – June 18, 2018 BCHD has been selected as one of Modern Healthcare’s Best Places to work in Healthcare for 2018, the sixth consecutive year the District has earned this distinction</li> </ul>	
<p><b>VI. Program and Staff Reports</b></p> <p><b>A. Legal Council</b></p>	<p>Mr. Lundy reported that there was nothing to report.</p>	
<p><b>VII. Activity Break/Mindfulness</b></p>	<p>Ms. Poster called for a break.</p> <p>Ms. Ali Steward, Director of Youth Services led the group in a mindfulness activity break.</p>	
<p><b>VIII. Committee Reports</b></p> <p><b>A. Community Health Committee</b></p>	<p>Dr. Bholat reported that the Community Health Committee has not met. The next committee meeting is scheduled for Thursday, June 14<sup>th</sup>, 2018 at 6:00pm at 1200 Del Amo St.</p>	
<p><b>B. Finance Committee/ Treasurer’s Report</b></p> <p><b>1. Presentation: Fiscal Year 2018-2019</b></p>	<p>Ms. Poster reported the finance committee met on Monday, May 14<sup>th</sup>, 2018 at 6:00pm at 1200 Del Amo St. The following items were on the agenda:</p> <ul style="list-style-type: none"> <li>BCHD FY17-18 Q3 Financial Results</li> <li>Discussion and potential action item: Review and approval of the District Budget for the year ending June 30<sup>th</sup>, 2019</li> <li>Discussion Item: Student feedback on participation in the Finance Committee</li> </ul> <p>Ms. Poster continued that although a quorum was not fulfilled, committee members present were all in agreement with moving forward to present the District Budget for the year ending June 30<sup>th</sup>, 20149 to the Full Board</p> <p>Ms. Poster asked Ms. Monica Suua, Chief Finance Officer up to the podium.</p> <p>Mr. Baklay highlighted the following:</p>	

	<ul style="list-style-type: none"> <li>• Continuing a collaborative approach</li> <li>• Strategic plan will lead to the health priorities update to the 15 year financial plan</li> <li>• Revenues are strong, +7% vs budget and +8% vs actuals</li> <li>• Expenses are +5% vs budget</li> <li>• Enhancing current programs and initiatives</li> <li>• 2<sup>nd</sup> phase of compensation policy and structure to retain talent</li> <li>• Capital expenditures in FY 18-19 budget <ul style="list-style-type: none"> <li>○ Demonstration project – center for excellence</li> <li>○ Continued investments in IT solutions</li> <li>○ Reinvest in the 514 building, campus and off-campus</li> <li>○ Pension and Other Post-Employment Benefits funding</li> </ul> </li> </ul> <p>Ms. Suua highlighted the following:</p> <ul style="list-style-type: none"> <li>• BCHD is budgeting a \$800,00 net operating income which is \$300,000 better than prior year budget</li> <li>• Main reason we are able to have the surplus is that we are seeing growth in revenues</li> <li>• Operating expenditures \$13.5 million; up 5% vs FY17-18 budget</li> <li>• Capital Expenditures \$573,000</li> <li>• Healthy Living Campus \$0</li> <li>• The district continues a collaborative approach between all BCHD departments to develop the new FY18-19 budget.</li> <li>• Another 30%% or 301,000 of the increase in revenues compared to FY17-18 budget are from the Sunrise Senior Living Joint Venture</li> <li>• FY18-19 budget expenditures are increasing by \$688,000 or 5% compared to prior year FY17-18 budget, and \$897,000 or 7% compared to estimated actual FY17-18 expenses</li> <li>• To address the increase manpower required for the enhanced programs and initiatives, the district is adding 2.5 FTE including interns</li> <li>• The District FY18-19 budget provides the community with all existing</li> </ul>	
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<p>2. <b>Discussion and potential action item:</b> <b>Review and approval of District budget for year ending June 30<sup>th</sup>, 2019</b></p> <p>3. <b>Action Item:</b> <b>Approve Resolution No. 545 of the Beach Cities Health District adopting the final operating and capital budget for year ending June 30<sup>th</sup>, 2019</b></p>	<p>programs and services, with enhancements in programs identified as priorities and with continued investment initiatives</p> <ul style="list-style-type: none"> <li>• Also included is managements recommendation to set up a trust fund for approximately \$3 million to allocate restricted funds to manage the unfunded accrued liabilities for Other Post-Employment Benefits</li> </ul> <p>Ms. Poster asked for a motion to approve the District budget for year ending June 30<sup>th</sup>, 2019.</p> <p>Ms. Poster asked for a motion to approve Resolution No. 545 of the Beach Cities Health District adopting the final operating and capital budget for year ending June 30<sup>th</sup>, 2019</p>	<p>It was <b>Moved and Seconded</b> (Poster/Chatterji) to approve the District budget for year ending June 30<sup>th</sup>, 2019. Dr. Bholat, Ms. Poster and Mr. Chatterji voted yes. Dr. Chun and Ms. Diehl were not present. <b>Motion Carried</b></p> <p>It was <b>Moved and Seconded</b> (Chatterji/Bholat) to approve the District budget for year ending June 30<sup>th</sup>, 2019. Dr. Bholat, Ms. Poster and Mr. Chatterji voted yes. Dr. Chun and Ms. Diehl were not present. <b>Motion Carried</b></p>
<p><b>C. Policy Committee</b></p> <p>1. <b>Discussion and potential action item:</b> <b>Recommend approval of revised policy number 2100 for:</b></p>	<p>Mr. Chatterji reported that The Policy Committee has not met. The committee meets on an as needed basis.</p> <p>Mr. Chatterji asked Mr. Lundy to give an update.</p> <p>Mr. Lundy highlighted the following:</p> <ul style="list-style-type: none"> <li>• There was a couple provisions in the proposed policy that should be deleted.</li> <li>• Recommended to delete the reference to “personal, impertinent or slanderous</li> </ul>	

<p><b>Board meeting Conduct</b></p>	<p>remarks” as there is a case law of free speech that even slanderous remarks cannot be stopped</p> <ul style="list-style-type: none"> <li>• Delete the section from stating any complaints or charges against district employees, as there is a statue that allows the public to complain about a district employee</li> <li>• Last is a minor revision to make it clear that the Board has no duty to respond to any public questions, nor to refer them to management personnel for a response.</li> </ul> <p>Ms. Poster asked if the Board members were ok with adopting this with not all Board members present. They all agreed they were ok with this.</p> <p>Ms. Poster asked for a motion to approve revised policy number 2100 for: Board meeting Conduct</p>	<p>It was <b>Moved and Seconded</b> (Bholat/Chatterji) to approve the District budget for year ending June 30<sup>th</sup>, 2019. Dr. Bholat, Ms. Poster and Mr. Chatterji voted yes. Dr. Chun and Ms. Diehl were not present. <b>Motion Carried</b></p>
<p><b>D. Properties Committee</b></p>	<p>The Properties Committee has not met. The committee meets on an as needed basis.</p>	
<p><b>E. Ad-Hoc Mind Health Committee</b></p>	<p>Dr. Bholat reported that The Ad-Hoc Mind Health Committee has not met. The committee is being polled for an end of June 2018 meeting.</p> <p>Dr. Bholat stated that neurocognitive behavioral testing is the standard and is expensive and having the right people do it is exceptionally rewarding.</p>	
<p><b>F. Strategic Planning Committee</b></p>	<p>Ms. Poster reported that The Strategic Planning Committee has not met. The Chairs will be polled for a committee meeting in July/August 2018.</p>	

<p><b>IX. Consent Items</b></p> <p>1. <b>Discussion and potential action item:</b> <b>Approval of minutes of the April 25<sup>th</sup>, 2018 Regular Meeting</b></p> <p>2. <b>Discussion and potential action item:</b> <b>Approve checks No. 70523 through 70754 totaling \$405,084.95 for accounts payable for the month of April 2018</b></p>	<p>The Board reviewed the Minutes of the April 25th, 2018 Regular Meeting and Checks No. 70523 through No. 70754, totaling \$405,084.95 for Accounts Payable for the month of April 2018.</p>	<p>It was <b>Moved and Seconded</b> (Poster/Chatterji) to approve the Minutes of the April 25th, 2018 Regular Meeting and Checks No. 70523 through No. 70754, totaling \$405,084.95 for Accounts Payable for the month of April 2018. Dr. Bholat, Ms. Poster and Mr. Chatterji voted yes. Dr. Chun and Ms. Diehl were not present. <b>Motion Carried</b></p>
<p><b>X. Old Business</b></p>	<p>There was no old business.</p>	
<p><b>XI. New Business</b></p> <p>1. <b>Discussion and potential action item:</b> <b>Approve Resolution No. 544, requesting the Board of Supervisors of the County of Los Angeles to permit the registrar-recorder/county clerk to render election services for an election of said Health District to be held on November 6<sup>th</sup>, 2018 where said Health District shall require each candidate to pay in advance his or her pro rata share of the printing, handling and mailing costs of</b></p>	<p>Ms. Poster asked Mr. Bakaly to give some background.</p> <p>Mr. Lundy stated that he has a language changes in the resolution which is required by the election code. Changes in Item 2 need to add “and consolidate” and “state-wide” before General election and add a new Item 3 that states” the Beach Cities Health District acknowledges that the consolidated election will be held and conducted in the matter prescribed in elections code section 10418</p> <p>Ms. Poster asked for a motion to approve Resolution No. 544, requesting the Board of Supervisors of the County of Los Angeles to permit the registrar-recorder/county clerk to render election services for an election of said Health District to be held on November 6th,</p>	<p>It was <b>Moved and Seconded</b> (Poster/Bholat) to approve Resolution No. 544, requesting the Board of Supervisors of the County of Los Angeles to permit the registrar-recorder/county clerk to render election services for an election of said Health District to be held on November 6th, 2018 where said Health District shall require each candidate to</p>



<p><b>his/her candidate statement, as a condition to having it included in the voter's sample ballot pamphlet and where the word limit for candidate's statements shall be two hundred (200) words</b></p>	<p>2018 where said Health District shall require each candidate to pay in advance his or her pro rata share of the printing, handling and mailing costs of his/her candidate statement, as a condition to having it included in the voter's sample ballot pamphlet and where the word limit for candidate's statements shall be two hundred (200) words with the amended changes given from Mr. Lundy</p>	<p>pay in advance his or her pro rata share of the printing, handling and mailing costs of his/her candidate statement, as a condition to having it included in the voter's sample ballot pamphlet and where the word limit for candidate's statements shall be two hundred (200) words with the amended changes given from Mr. Lundy  Dr. Bholat, Ms. Poster and Mr. Chatterji voted yes. Dr. Chun and Ms. Diehl were not present.  <b>Motion Carried</b></p>
<p><b>XII. Board Member Reports</b></p>	<p>Mr. Chatterji reported that she attended:</p> <ul style="list-style-type: none"> <li>• LiveWell Nutrition Lesson</li> <li>• Volunteer Brunch</li> <li>• North Redondo Beach Walkabout</li> <li>• Budget Meeting</li> <li>• Volunteer at school DOGS Program</li> </ul> <p>Ms. Poster reported that she attended:</p> <ul style="list-style-type: none"> <li>• Volunteer Brunch</li> <li>• ACHD committee Meeting</li> <li>• Volunteer Brunch</li> </ul> <p>Dr. Bholat reported that she attended:</p> <ul style="list-style-type: none"> <li>• Leadership Manhattan Beach Event</li> <li>• American Heart Association Board meeting</li> <li>• Go Red AHA Event</li> <li>• Meeting with Tom</li> <li>• Volunteer Brunch</li> <li>• ACHD Meetings</li> </ul> <p>Ms. Diehl was not in attendance</p> <p>Dr. Chun was not in attendance.</p>	
<p><b>XIII. Announcements/ Questions and Referrals to Staff</b></p>	<p>There was no Announcements/Questions and Referrals to staff.</p>	

<b>XIV. Adjournment</b>	Ms. Poster moved to adjourn the meeting.	There being no further business, Ms. Poster <b>Moved</b> to adjourn the meeting. Meeting adjourned at 8:16 p.m.
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The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, June 27<sup>th</sup>, 2018 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health District, located at 514 N. Prospect Avenue, Redondo Beach, California