

**REGULAR MEETING
BOARD OF DIRECTORS
BEACH CITIES HEALTH DISTRICT
October 25th, 2017**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:32 p.m.

Members Present: Dr. Michelle Bholat (Via Conference Call)
Dr. Noel Chun
Jane Diehl
Vanessa Poster
Vish Chatterji

Members Not Present:

Legal Counsel Present: David Hatch, Hooper, Lundy & Bookman
Staff Present: Tom Bakaly, CEO

| AGENDA ITEM | DISCUSSION | ACTION OR FOLLOW-UP |
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| I. Call to Order-Salute to the Flag | Dr. Noel Chun opened the meeting and asked Mr. Vish Chatterji to lead the salute to the flag. | |
| II. Public Discussion | Dr. Noel Chun asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward. | |
| III. Review and Approval of Minutes of the September 27th, 2017 Regular Meeting | The Board reviewed the Minutes of the September 27 th , 2017 Special Meeting. | It was Moved and Seconded (Diehl/Chatterji) to approve the minutes of the September 27 th , 2017 Regular Meeting. Ms. Diehl, Dr. Chun and Mr. Chatterji voted yes. Ms. Poster and Dr. Bholat were not present. Motion Carried |
| IV. Healthy Living Campus Update | Dr. Bholat joined via Conference call. Ms. Vanessa Poster joined the meeting. Mr. Eric Garner, Communications Manager, highlighted the following: <ul style="list-style-type: none"> • Sent out 65,000 annual reports to the community • In the Live well Magazine we also sent out information on in the Healthy Living Campus | |

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| | <ul style="list-style-type: none"> • Had an Open House on October 17th, 2017 <ul style="list-style-type: none"> ○ 156 attendees ○ 37 comment cards received ○ 9 information stations • On November 8th, we will have a District 2 presentation on the Healthy Living Campus • Study session coming up on November 15th • Plan refinement include: <ul style="list-style-type: none"> ○ the lowering of the proposed building height on Flagler/Beryl lot by 3 levels and added subterranean parking ○ Added protected bike lane connecting Flagler & Diamond streets <p>A discussion ensued.</p> | |
| <p>V. Program and Staff Reports</p> <p>A. Chief Executive Officer</p> | <p>Dr. Chun invited Mr. Tom Bakaly, Chief Executive Officer, to address the Board of Directors</p> <p>Mr. Bakaly referred the Board to the written report.</p> <p>Mr. Bakaly highlighted the following:</p> <ul style="list-style-type: none"> • Came in 6th place for Modern Healthcare Best Places to Work • December 4th, 2017 Dan Burden is coming to BCHD • Added tracking costs for Healthy Living Campus and Contract tracking into the financial portion of the CEO report | |
| <p>B. AdventurePlex Update</p> | <p>Dr. Chun invited Ms. Cindy Foster, General Manager, Apex and CHF to the podium.</p> <p>Ms. Foster highlighted the following:</p> <ul style="list-style-type: none"> • Mission is to be a fun place for families to play, learn and grow • Voted “Best of the Beach” for 9 consecutive years • Programs and services include: Drop-in-play, classes. Seasonal camps. Birthday parties, rock wall & Rope Course, parents’ night/day out | |

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| | <ul style="list-style-type: none"> • Excited to introduce the new Flex Kids Club Membership which includes: <ul style="list-style-type: none"> ○ Welcome packet with official membership card ○ Unlimited play in Toddler Town and 5-level play structure ○ Exclusive member play hour from 9am-10am ○ Access to AdventurePlex activities for Free ○ Quarterly special Flex gift ○ Exclusive specials and discounts | |
| <p>C. Blue Zones Project Update</p> | <p>Dr. Chun invited Ms. Lauren Nakano, Director of Blue Zones Project to the podium.</p> <p>Ms. Nakano highlighted the following:</p> <ul style="list-style-type: none"> • The project is broken down into six sectors where we strive to create permanent changes that promote health-citizens • Our team goal is to implement and evolve a community well-being initiative focusing on environmental and policy change with Beach Cities adults as our primary population • Our objectives include: community engagement, growing and sustaining our restaurant base and influencing community policy with our city partners to focus on Livability Principals through Education and Community Engagement • Nine principals include: Move naturally, purpose, down shift, 80% rule, Plant Slant, Wine @ 5, Right Tribe, Belong and Loved ones first • Highlights include: U.S. Surgeon General visit, Beach Cities achieves Blue Zones Community Certification in March 2016, Well-being Index results continue to trend positive and Savings of \$21 Million in direct medical expenses • What's next: Gallup Sharecare WBI results, Livability Committee Strategic Plan and Purpose Workshop in Spring 2018 | |
| <p>D. Legal Council</p> | <p>Mr. Hatch reported that there was nothing to report.</p> | |

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| <p>VIII. Committee Reports</p> <p>A. Community Health Committee</p> | <p>Mr. Chatterji reported that the Community Health Committee has not met. The next meeting is scheduled for Wednesday, November 1st, 2017 at 6:00pm. It is the hope of staff that the substance use/abuse health priority can be brought before the board for discussion and possible action in November 2017 or January 2018.</p> <p>Dr. Chun recommended using Dr. Bill Kim, Chief Medical Advisor for this.</p> | |
| <p>B. Finance Committee/ Treasurer's Report</p> <p>1. <u>Action Item:</u> Approve checks no. 67597 through 67783, totaling \$398,148.66 for accounts payable for the month of January 2017</p> | <p>Ms. Poster reported that the Finance Committee has not met. The next meeting is scheduled for tomorrow, October 26th, 2017 at 6:00pm. Discussion on items on the agenda include:</p> <ul style="list-style-type: none"> • Review of BCHD Policy Number: 6110 Investment Policy • BCHD Q2 Investment Portfolio Review <p>Ms. Poster recommended approval of Checks No. 69191 through No. 69367, totaling \$362,067.55 for Accounts Payable for the month of September 2017.</p> | <p>It was Moved and Seconded (Poster/Diehl) to approve Checks No 69191 through No. 69367, totaling \$362,067.55 for Accounts Payable for the month of September 2016. Meeting. Ms. Diehl, Dr. Chun, Ms. Poster and Mr. Chatterji voted yes. Dr. Bholat could not vote. Motion Carried</p> |
| <p>C. Policy Committee</p> | <p>Mr. Chatterji reported that the Policy Committee has not met. We meet on an as needed basis.</p> | |
| <p>D. Properties Committee</p> | <p>Ms. Diehl reported that the Properties Committee has not met. We meet on an as needed basis.</p> | |
| <p>E. Ad-Hoc Mind Health Committee</p> | <p>Ms. Poster reported that the Ad Hoc Mind Health committee has not formally met. We meet on an as needed basis. Committee members reviewed and made comments to the</p> | |

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| <p>1. <u>Discussion and potential action item:</u> Approval of clinical trial agreement between Beach Cities Health District and Brain Initiative. LLC for three years in the amount of \$105,000 per year for the development of the “Healthy Minds Initiative” effective October 26th, 2017 through June 30th, 2020</p> | <p>Healthy Mind Contract that is up for Board consideration.</p> <p>Ms. Poster recommended approval with changes of clinical trial agreement between Beach Cities Health District and Brain Initiative. LLC for three years in the amount of \$105,000 per year for the development of the “Healthy Minds Initiative” effective October 26th, 2017 through June 30th, 2020 with the added correction in section 4.1 regarding compensation which should read \$8,750 per month.</p> <p>A discussion ensued.</p> <p>Ms. Kerianne Lawson, Director of Life Span Services added that the idea is to have a third party validation of programs BCHD offers.</p> | <p>It was Moved and Seconded (Poster/Diehl) to approve clinical trial agreement between Beach Cities Health District and Brain Initiative. LLC for three years in the amount of \$105,000 per year for the development of the “Healthy Minds Initiative” effective October 26th, 2017 through June 30th, 2020 with the added correction in section 4.1 regarding compensation which should read \$8,750 per month. Ms. Diehl, Dr. Chun, Ms. Poster and Mr. Chatterji voted yes. Dr. Bholat could not vote. Motion Carried</p> |
| <p>F. Strategic Planning Committee</p> | <p>Ms. Diehl reported that the Strategic Planning committee has not met. We will solicit meeting dates from the chairs in the next quarter.</p> <p>She stated that the Strategic Planning half day will be on November 10th at 8:30am at the MA Center.</p> | |
| <p>VI. Old Business</p> | <p>There was no old business.</p> | |
| <p>VII. New Business</p> | <p>There was no new business.</p> | |
| <p>VIII. Board Member Reports</p> | <p>Mr. Chatterji reported that he attended:</p> <ul style="list-style-type: none"> • Redondo Beach Round Table • Social Hour • Redondo Beach School Board of Education meeting • Taught a nutrition Class • Meeting with Tom • ACHD Webinar <p>Ms. Poster reported that she attended:</p> <ul style="list-style-type: none"> • Redondo Beach Round Table • Open House | |

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| | <ul style="list-style-type: none"> • Walk to School Day • Goat Yoga • Domestic Violence Speaker <p>Ms. Diehl reported that she attended:</p> <ul style="list-style-type: none"> • Redondo Beach Round Table • Open House • Walk to School Day • Great Shakeout <p>Dr. Bholat reported that she attended:</p> <ul style="list-style-type: none"> • Open House • Walk to School Day <p>Dr. Chun reported that he attended:</p> <ul style="list-style-type: none"> • Walk to school day | |
| IX. Announcements/ Questions and Referrals to Staff | <p>Dr. Chun announced the CEO Performance Evaluation. As per the board approved Annual Chief Executive Officer Performance Evaluation Procedure, he is appointing himself as a Board Evaluator from the board for this year's process. The Performance Evaluation for the Chief Executive Officer will be done at the November 15th, 2017 Board of Directors Meeting. Within one week, we will distribute the evaluation package and the necessary return times for the board. All questions are to be directed to the board evaluator per our policy.</p> | |
| X. Adjournment | <p>Dr. Chun moved to adjourn the meeting.</p> | <p>There being no further business, Dr. Chun Moved to adjourn the meeting. Meeting adjourned at 8:11 p.m.</p> |

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, November 15th, 2017 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health District, located at 514 N. Prospect Avenue, Redondo Beach, California